

### UNIVERSITY OF COSTA RICA

## **Central American Population Center (CCP)**

# CRELES Retirement Cohort (1945-1955)

Costa Rican Longevity and Healthy Aging Study

# MAIN QUESTIONNAIRE FOR TARGET RESPONDENTS (Short form) WAVE 1 (2012)

THIS INFORMATION IS COMPLETELY CONFIDENTIAL AND IS PROVIDED VOLUNTARILY.

Subject code:		Start Time:   _ :	Sub	ject code:
County and district				
Segment:				
House:				
AM1	Interviewer	Giovanni Maritza Randall Jimmy	3 7 21 22	
Superv	Supervisor	José Solano	1	
QA1.	Interviewer: Have you contacted (Name), a relative, or another informant?	Yes , (Name) Yes, relative Yes, another informant No	1 2 3 4	→Attempts
		Acccepted Rejected	1 2	→End
QA2	Result of Interview with contact/informant	Planning another visit later In hospital without possibility for an interview Address change	3 4 5	<ul><li>→ Attempts</li><li>→ AMP8 (Proxy)</li><li>→ Attempts</li></ul>
Attempts	Finish the current inter	view, and try again later.		

#### SECTION ID: IDENTIFICATION

Before starting, I want to remind you that this interview is completely voluntary and confidential. If you have any question that you do not want to answer, you can just tell me and we move to the next question.

NO.	QUESTION	CATEGORIES AND CODES				
AMD5	Is the selected person	Yes	1			
AMP5	(name) currently in?	No	2	→ AMP8		
	[Intervewer: The selected	Is able to answer	1	→ AM6		
AM3	person]	Has serious problems of communication	2			
AMP8	Is there any person that knows (name) in depth and	Yes	1	→ AMP6		
AWII 0	that can help us answer the questionnaire [Proxy]?	No	2	→Visit again		
		Spouse	1			
AMP6	Who is the proxy?	Son/Daughter	2			
		Other	3			
		Mental disability	1			
A 1 4 10 0 0	D 6 1	Person is absent because of health reasons	2			
AMP8Q	Reason for needing a proxy	Person is absent because of work	3			
		Other	4			
		AMP1a. Name		·		
AMP1	Name of Interviewee	AMP1b. First Family Name				
		AMP1c. Second Family Name		_		
AMP2	What is the interviewee's	Male	1			
AIVIP2	sex?	Female	2			
		Civil union/Common Law (in union)	1			
	What is (name's) assert	Married	2			
A3	What is (name's) current marital status?	Widow/er from civil union	3			
		Widow/er from marriage	4			
		Divorced	5			

		Separated from civil union	6		
		Separated from marriage	7		
		Never married or in union	8		
		DK/NR	9		
ID1	May I please see your identification card?	Id number	1	→ ID2	
	identification card?	Does not have one	88888888	→ IDN	2
	Your residency identification card or	Residency identification card Number	1	$\rightarrow$	
IDN2	passport is:	Does not have one	88888888	→	
		ID2a. Day			
ID2	On what day, month and	ID2b. Month			
	year were you born?	ID2c. Year   _			
ID3	To be sure, your age is years?	Years			
	PDA computes age	DK/NR 99			
		AMP3a. Name		•	
AMP3	Please tell me your spouse's name	AMP3b. First Family Name			
		AMP3c. Second Family Name			
	Now I will ask you about your children.	None	0		
	How many children did	Number of children			
AM6	(subject's name) have, INCLUDING BIOLOGICAL, STEP- CHILDREN, ADOPTED CHILDREN, AND FOSTER CHILDREN?	DK/NR	99		
AM7	In all, how many of your children are still alive?	Number of children alive    DK/NR			99
	(If married or in union) [IF	Number of additional spouse's			
4 N 17 D	A3=1 or A3=2]: Other than these children, has your	children alive	_	_	$\rightarrow$
AM7B	spouse had additional children that you have not	None		0	AN →
	mentioned yet? How many?	DK/NR		99	→ AN

AM7Da	And how many of them are	Spouse's live children							
still alive		DK/NR					99		
AM7C	SUM OF TOTAL NUMBER OF CHILDREN OF EACH ONE	_  DK/N	IR				99	1	
AM8	(If AM7C=0   99 → AM4) In all, how many of these children live in this home?	Children living in household None DK/N				_	0		
AM4	How many people live in this home?	Number of persons			_		·		
		A2a Level 0 None	A2b Year	s of s	chool	ing			
	Wind and the last land and	1 Elementary	1	2	3	4	5	6	
A2	What was the last level and grade of your formal education that you	2 Secondary, academic	1	2	3	4	5		
	completed?	3 Secondary, technical	1	2	3	4	5	6	
		4 Para-university	1	2	3+				
		5 Higher education	1	2	3	4	5+		
		9 DK/NR	9						
[Interviev	wer: Ask only if married or in t	union, A3=1 or 2. If there is	no spo	ouse,	→ Al	M12.			
		Alla Level				A11b schooling (gr	ade)		
		0 None	0						
	What was the last level and	1 Elementary	1	2	3	4	5	6	
A11	grade of formal education that your spouse completed?	2 Secondary academic	1	2	3	4	5		
	that your spouse completed?	3 Secondary, technical	1	2	3	4	5	6	
		4 Para-university	1	2	3+	-			
		5 Higher education	1	2	3	4	5+		
		9 DK/NR	9						
ID3C	How old is your current spouse?	Years							

		DK/NR	_
		Worked	1
		Worked in helping in a family business	2
	What was the primary work	Did not work but had a job	3
A4	activity of your spouse in the last week?	Looked for work	4
		Did household chores	5
		Did not work	6
		DK/NR	9
		Has never worked	0
	[Interviewer: Ask only if married or in union, A3=1 or 2]	Professional, executive	1
		Office worker	2
		Vendor, retailer	3
		Independent farmer	4
		Agricultural worker	5
A5	What is the occupation in which your (last) spouse	Domestic worker	6
	worked for the majority of his/her life?	Others services	7
		Specialized worker	10
		Non-Specialized worker	11
		Other	13
		DK/NR	99
	Dogs your spayed have are-	Yes	1
A6	Does your spouse have any serious health problem or	No	2
	physical limitation?	DK/NR	9
EV10C	Does your spouse currently	Yes	1
E V TUC	smoke?	No	2

		DK/NR	9	
	Do you receive a pension	Yes	1	
AM12	Do you receive a pension from social security or from the government?	No	2	
	the government?	DK/NR	9	
	Do you expect to receive any (other) future pensions?	Yes	1	
SP17		No	2	
	(Add "other" only if AM12=1)	DK/NR	9	
		Yes	1	
AM20	Are you currently insured by CCSS?	No	2	
		DK/NR	9	

	SECTION C: HEALTH	STATUS	
	Now I would like to ask you some quest		h.
NO.		ΓEGORIES AND DES	
	SELF REPORT		
		Excellent	1
		Very Good	1
			2
C1	How would you say your health is now: Excellent, Very	Good	3
	Good, Good, Fair, Poor	Fair	4
		Poor	5
		DK/NR	9
		Yes	1
C4	Has a physician ever told you that you have high blood	No	2
C4	pressure (hypertension)?	DK	8
		NR	9
		Less than 6 months	1
		From 6 to 11 months	2
		From 1 to 2 years	3
C6	When was the last time that you checked your blood pressure?	More than 2 years	4
		Never	5
		DK	8
		NR	9
		Yes	1
OC.	Are you currently taking medication to control your	No	2
Сба	hypertension?	DK	8
		NR	9
		Yes	1
C7	Has a physician ever told you that you have high	No	2
	cholesterol?	DK	8
		NR	9
		Less than 6 months	1
		From 6 to 11 months	2
	When was the last time that you shooked your	From 1 to 2 years	3
C9	When was the last time that you checked your cholesterol?	More than 2 years	4
		Never	5
		DK	8
		NR	9
		Yes	1
C9a	Are you currently taking medication to control your	No	2
	cholesterol?	DK	8
		NR	9

		Yes	1
C10	Has a physician ever told you that you have diabetes	No	2
C10	(high levels of sugar in the blood)?	DK	8
		NR	9
		Less than 6 months	1
		From 6 to 11 months	2
	When was the last time that a physician did a test to know	From 1 to 2 years	3
C17	if you had sugar in your blood?	More than 2 years	4
		Never	5
		DK	8
		NR	9
		Yes	1
C18	Has a physician ever told you that you have cancer or a	No	2
C18	malignant tumor, not including small skin tumors?	DK	8
		NR	9
		Yes	1
C81	Has a physician ever told you that you have nervous or	No	2
	psychiatric problem such as depression?	DK/NR	9
	[Only if AM3=1: Interview without proxy]	Very satisfied	1
		Somewhat satisfied	2
		Somewhat	
C127	Leaves I have been for laborated 1500	unsatisfied	3
C127	In general, how do you feel about your life?	Very unsatisfied	4
		DK	8
		NR	9
		Yes	1
C128	In the last 12 months did you receive a flu shot?	No	2
		DK/NR	9

	SECTION EV: LIFE	ESTYLES		
Starting	time:   _ :			
NO.		CATEGO	ORIES AND CODES	
	TOBACCO			
		Yes	1	
EV8	Have you smoked more than 100 cigarettes or cigars in your life?	No	2 <b>→</b>	EV14
; 	your me:	DK/NR	9 <b>→</b>	EV14
		Yes	1 →	EV14
EV10	Do you smoke now?	No	2 <b>→</b>	EV12
		DK/NR	9 <b>→</b>	EV12
		EV12a	Age   _	
EV12	How old were you when you stopped smoking.	EV12b	Year	
		DK/NR	9999 🗆	·
	PHYSICAL ACTI	VITY		
	In the last 12 months, did you exercise regularly or do	Yes	1 🗆	
EV14	other physical rigorous activities like sports, jogging,	No	2 🗆	
	dancing, or heavy work, three times per week?	DK/NR	9 🗆	
	WEIGHT AND HI		1 1 1 1	
EV15	What is your current weight?	Ev15a. Weight Ev15b. Weight	<u>                                    </u>	
EVIS	what is your current weight?	DK/NR	999	
EV17	What is your current height?	Heightcm		

D1		SECTION D: FUNCTIONAL	LSTATUS (ADL / IADL)			
D1	NO.	QUESTIONS	CATEGORIES	AND	CODES	
D1a   Is it difficult for you to walk 20 blocks?   Yes   1	D1	A	Yes	1	$\rightarrow$	D1a
D1a   Is it difficult for you to walk 20 blocks?   No   2   → D4	<u></u>	Are you able to walk?	No	2	$\rightarrow$	D4
No   2	D1a	T it difficult for you to walk 20 blooks?	Yes	1	$\rightarrow$	D2
D2	Diα	Is it difficult for you to waik 20 blocks:		2	$\rightarrow$	D4
D2 Is it difficult for you to walk a few blocks?    Does not			Yes	1	<del></del>	
Does not DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Watairway without resting?  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Watairway without resting?  Does not 4  DK/NR 9  Watairway without push or pull a large object such as a recliner chair?  Date of the please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and large object  No 2  Does some stand up and la			<b>.</b>	2		
DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Yes 1  No 2  Not able 3  Does not 4  DK/NR 9  Ves 1  No 2  Not able 3  Does not 4  DK/NR 9  Ves 1  No 2  Not able 3  Does not 4  DK/NR 9  Lifted them completely 1  Lifted them partially 2  Not able to lift them 3  Did not attempt the test 4  Filter 13 If Dla=2 & D5=1  Yes 1 → D19  No 2  WALKING  Is it difficult for you to walk from one side of the room to the other?  Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiring the bath tub?  Pass 1 → D7  No 2  DK/NR 9 → D11  Pass expressors halp you be the?  Pes 1  No 2  DK/NR 9 → D11  Poss expressors halp you be the?  Pes 1  No 2  DK/NR 9  DD(N)R D	D2	Is it difficult for you to walk a few blocks?	Not able	3		
D3 Is it difficult for you to climb up a few stories by stairway without resting?  D4 Is it difficult for you to push or pull a large object such as a recliner chair?  D5 Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Pilot If D1a=2 & D5=1  Pilot Is it difficult for you to walk from one side of the room to the other?  D5 VALKING  Is it difficult for you to walk from one side of the room to the other?  D6 Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  D8 Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  D8 Have you used an apparatus or instrument (handrail or stool) to bathe?  Poss someone help you bathe?  Pyes  I No  2 DK/NR  9 D9  No  2 DK/NR  9 D9  No  2 DK/NR  9 D9  No  2 DK/NR  9 D11  Pyes  1 DO  No  2 DK/NR  9 D11  DK/NR  9 D11  DK/NR  9 D11  DK/NR  9 D11  Pyes  1 DO  DK/NR  9 D11  DK/NR  9 D11  DK/NR  9 D11  DK/NR  9 D11  Pyes  1 DK/NR  9 D11  DK/NR  9 D11  DK/NR  9 D11  Pyes  1 DK/NR  9 D11  DK/NR  9 D11  Pyes  1 DK/NR  9 D11  DK/NR  9 D11  Pyes  1 DK/NR  9 D11						
D3 Is it difficult for you to climb up a few stories by stairway without resting?    D4				9	<u>.</u>	
D3 Is it difficult for you to climb up a few stories by stairway without resting?  D4 Is it difficult for you to push or pull a large object such as a recliner chair?  D5 Is it difficult for you to push or pull a large object such as a recliner chair?  D6 Is it difficult for you to push or pull a large object such as a recliner chair?  D5 Please stand up and lift your arm(s) above your shoulder(s)  D6 If D1a=2 & D5=1  CALCAL D1A D2 D2  CALCAL D3 D4			<b>!</b>	1		
Stairway without resting?    Does not   4   DK/NR   9		T- it difficult for you to alimb up a faw stories by		2		
Does not DK/NR 9    Does not DK/NR 9	D3		Not able	3		
D4 Is it difficult for you to push or pull a large object such as a recliner chair?  D5 Please stand up and lift your arm(s) above your shoulder(s)  Pleas		Star way wanted resume.		4		
D4	D3 Is it difficult for you to climb up a few stories by stairway without resting?  Not able Does not DK/NR  Yes No Not able description of the property of the		9			
D4			Yes	1	_	
such as a recliner chair?    Does not   DK/NR   9		The state of the s	No	2		
Does not DK/NR 9  Lifted them completely 1  Lifted them partially 2  Not able to lift them 3  Did not attempt the test 4  Filter 13 If D1a=2 & D5=1  WALKING  Is it difficult for you to walk from one side of the room to the other?  Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  De Have you used an apparatus or instrument (handrail or stool) to bathe?  Plos sequences bely you heathe?  Ves 1  No 2  DK/NR 9  Poss sequence help you heathe?  Yes 1  No 2  DK/NR 9  Poss sequence help you heathe?  Yes 1  No 2  DK/NR 9  Poss sequence help you heathe?  Yes 1  No 2  DK/NR 9  Poss sequence help you heathe?  Yes 1	D4		Not able	3		
D5   Please stand up and lift your arm(s) above your shoulder(s)   Lifted them partially   2   Not able to lift them   3   Did not attempt the test   4      Filter 13   If D1a=2 & D5=1   Yes   1   → D19   No   2      WALKING		Such as a recinici chan.	Does not	4		
Please stand up and lift your arm(s) above your shoulder(s)  Please stand up and lift your arm(s) above your shoulder(s)  Either 13 If D1a=2 & D5=1  Filter 13 If D1a=2 & D5=1  WALKING  WALKING  Is it difficult for you to walk from one side of the room to the other?  D6 Is it difficult for you to walk from one side of the room to the other?  D7 Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  D8 Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  D9 Have you used an apparatus or instrument (handrail or stool) to bathe?  P10 Dees someone help you bathe?  P10 Dees someone help you bathe?  Lifted them partially  2 Not able to lift them  3 Did not attempt the test  4  Pes  1				able 3 es not 4 /NR 9 ed them completely 1		
Please stand up and lift your arm(s) above your shoulder(s)  Not able to lift them 3 Did not attempt the test 4  Filter 13 If D1a=2 & D5=1  WALKING  Is it difficult for you to walk from one side of the room to the other?  D6 Po you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  P8 Part of the property of the part of the property of the property of the part of the property of the property of the part of the property of the pr			Lifted them completely	1		<del></del>
shoulder(s)  Not able to lift them Did not attempt the test  Yes 1	D5		Lifted them partially	2		
Filter 13 If D1a=2 & D5=1		shoulder(s)	Not able to lift them	3		
Filter 13 If D1a=2 & D5=1 No 2  WALKING  Is it difficult for you to walk from one side of the room to the other?  D6 Is it difficult for you to walk from one side of the room to the other?  D7 D8			_			
WALKING    Is it difficult for you to walk from one side of the room to the other?	Filter 13	If D1a=2 & D5=1			$\rightarrow$	D19
Is it difficult for you to walk from one side of the room to the other?    Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?    Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?    BATHING				2		
D6 room to the other?  No 2 → D8  DK/NR 9 → D8  Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  P8 Have you used an apparatus or instrument (handrail or stool) to bathe?  P10 Does someone help you bathe?  No 2 → D11  Yes 1  No 2  DK/NR 9 → D11  Yes 1  No 2  DK/NR 9 → D11  Yes 1  No 2  DK/NR 9  Yes 1		WALKIN			,	
DK/NR  Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  Part of the property of the pr			· ·			
Do you use an assistance apparatus or instrument such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  Page 1 → D9  No 2 → D11  DK/NR 9 → D11  Page 5 → D11  Yes 1 → D9  No 2 → D11  Page 5 → D11  No 2 → DK/NR 9	D6	room to the other?	<u> </u>		$\rightarrow$	
D7 such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  D8 Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  D8 Is it difficult for you to bathe yourself, including No 2 → D11  D8 Is it difficult for you to bathe yourself, including No 2 → D11  D8 Is it difficult for you to bathe yourself, including No 2 → D11  D8 Is it difficult for you to bathe yourself, including No 2 → D11  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11  No 2  D8 Is it difficult for you to bathe yourself, including Yes 1 → D9  No 2 → D11			DK/NR	9	$\rightarrow$	D8
D7 such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  P8 Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  D8 Is it difficult for you to bathe yourself, including No 2 → D11  D8 D6/NR 9 → D11  Yes 1  No 2  D8/NR 9  P9 D0es someone below you bethe?  P10 Does someone below you bethe?		Do you use an assistance apparatus or instrument	Yes	1	<del></del>	<del></del>
BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  Possible of the property of	D7	such as a walking cane, wheelchair, walker,				
D8 Is it difficult for you to bathe yourself, including entering and exiting the bath tub? Yes 1 → D9   No 2 → D11   DK/NR 9 → D11   Parallel Posses someone help you bathe? Yes 1 → D9   No 2 → D11   No 2 → DK/NR   Yes 1 → D9   Yes 1 → D10   Posses someone help you bathe? Yes 1 → D10				9		
D8 entering and exiting the bath tub?  D8 DEFINE TO SHARE SOME SOME SOME SOME SOME SOME SOME SOM		BATHIN				
DK/NR 9 → D11  Poss someone help you bathe?  DK/NR 9 → D11  Yes 1  No 2  DK/NR 9  Yes 1  No 1			<b>:</b>			
Have you used an apparatus or instrument (handrail or stool) to bathe?  Yes  No  2  DK/NR  9  Yes  1  Yes  1  Yes  1  Yes  1  Yes  1	D8	D7 such as a walking cane, wheelchair, walker, crutches, etc. to walk across the room?  BATHING  Is it difficult for you to bathe yourself, including entering and exiting the bath tub?  No 2  DK/NR 9  BATHING  Yes 1 → No 2  No 2  No 2  DK/NR 9	D11			
D9 Have you used an apparatus or instrument (handrail or stool) to bathe?  No 2 DK/NR 9  Yes 1			DK/NR	$ \begin{array}{cccc} 1 & \rightarrow & D7 \\ 2 & \rightarrow & D8 \\ 9 & \rightarrow & D8 \\ \end{array} $ $ \begin{array}{cccc} 1 & \rightarrow & D9 \\ 2 & \rightarrow & D11 \\ 9 & \rightarrow & D11 \end{array} $	D11	
or stool) to bathe?  DK/NR  9  Yes  1			Yes	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		
DIO Does someone help you bathe?  Yes 1	D9	Solution				
D10 Does someone help you hathe?		a Is it difficult for you to walk 20 blocks?  Yes No 2 → D4  Is it difficult for you to walk a few blocks? Not able Does not DK/NR 9  Yes 1 No No 2 Not able 3 Does not DK/NR 9  Yes 1 No No 2 Not able 3 Does not DK/NR 9  Yes 1 No No 2 Not able 3 Does not DK/NR 9  Yes 1 No No 2 Not able Such as a recliner chair?  Yes 1 No No 2 Not able Does not DK/NR 9  Iffed them completely I Lifted them partially Lifted them partially Not able to lift them Did not attempt the test  Yes No 2 No  So S				
Dio Does someone help you bathe? No 2	D10	- 110	Yes	1		
	סוט	Does someone help you bathe?	No	2		

		DK/NR	9		
	EATING	G			
	D 1 1166, 14 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Yes	1	$\rightarrow$	D12
D11	Do you have difficulty in eating, including cutting	No	2	$\rightarrow$	D13
	your food, pouring drinks into glasses etc.?	DK/NR	9	$\rightarrow$	D13
		Yes	1	•	•
D12	Does someone help you eat?	No	2		
		DK/NR	9		
	GOING TO	BED			
		Yes	1	$\rightarrow$	D14
D13	Do you have difficulty in lying down on your bed or rising from the bed?	No	2	$\rightarrow$	D16
	rising from the bed?	DK/NR	9	$\rightarrow$	D16
		Yes	1	•	,
D14	D14 Have you used an assistance apparatus or instrument to lie down or get up from the bed?	No	2		
		DK/NR	9		
		Yes	1		
D15	Does someone help you to go to bed or get out of	No	2		
	your bed?	DK/NR	9		
	USING THE T				
		Yes	1	$\rightarrow$	D17
D16	Do you have difficulty in using the bathroom,	No	2	$\rightarrow$	D19
	including sitting or getting up from the toilet?	DK/NR	9	$\rightarrow$	D19
		Yes	1		
D17	Have you used an assistance apparatus or instrument	No	2		
21,	to use the toilet?	DK/NR	9		
		Yes	1	•	<u> </u>
D18	Does someone help you to use the toilet?	No	2		
210	Boes someone neip you to use the tonet.	DK/NR	9		
	CUTTING TO				
		Yes	1	$\rightarrow$	D20
D19	Do you have difficulty cutting your toenails?	No	2	$\rightarrow$	F2
217	20 you have difficulty cutting your tochans:	DK/NR	9	$\rightarrow$	F2
		Yes	1		
D20	Does someone help you cut your toenails?	No No	2		
520	Does someone neip you cut your toenans:	DK/NR	9		
		None	0	_	· · · · · · · · · · · · · · · · · · ·
	Were you hospitalized in the last 12 months? For	Number of nights   _	Ü		
F2	how many nights?	All year long	365		
		DK/NR	999		
<u>.</u>		DIVIN	177		

	SECTION G: FAMILY AND SOCIAL S	SUPPORT NETWORK			
	and friends help each other in different ways. As part of this resenow I will ask you about the support that you receive and give.	earch we would like to know how	people :	suppor	rt each
NO.	QUESTIONS	CATEGORIES AND CODES			
		Excellent	1		
		Very Good	2		
		Good	3		
H19	How would you rate your current economic situation?	Fair			
		Poor	4		
			5		
		DK/NR	9		CD2
GP1	Do you receive <b>unpaid</b> help with household chores or	Yes	1	→ →	GP3a
GPI	caregiving (totaling at least three hours in an average week)?	No DK/NR	2	-	GP7
		Spouse	9		GP7
		Sons in the house	2		
		Daughters in the house	3		
		Sons living in another house	4		
		Daughters living in another			
		house	5		
		Children in the house equally	6		
		Children outside the house	7		
GP3a	Who is the person who helps you primarily?	equally All children equally	8		
		Father	9		
		Mother	10		
		Father-in-law	11		
		Mother-in-law	12		
		Other relative	13		
		Other	88		
		DK/NR	99		
	TIME HELP PROVID				
	ne next questions deal with activities that you may do to help a reogically, or mentally unable to do those activities on their own. [I			sically	
	JOBS AND INCOM		O SECT	ION .	ABOUT
	JOBS AND INCOM		O SECT		GP9a
CDS	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks	E]	·	<b>→</b>	
GP7	Do you (or your spouse) currently provide assistance to a	Yes No	1 2	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and	E] Yes	1	<i>→</i>	GP9a
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?	Yes No	1 2	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and	Yes No DK/NR	1 2 9	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and	Yes No  DK/NR  Spouse	1 2 9	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and	Yes No  DK/NR  Spouse Sons in the house	9	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and running errands	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another	1 2 9 1 2 3 4	<i>→</i>	GP9a GP15
GP7	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another house	1 2 9 1 2 3 4 5	<i>→</i>	GP9a GP15
	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and running errands	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another house Children in the house equally	1 2 9 1 2 3 4	<i>→</i>	GP9a GP15
	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and running errands	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another house Children in the house equally Children outside the house	1 2 9 1 2 3 4 5	<i>→</i>	GP9a GP15
	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and running errands  Whom do you primarily help with these tasks?	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another house Children in the house equally Children outside the house equally	1 2 9 1 2 3 4 5 6	<i>→</i>	GP9a GP15
	Do you (or your spouse) currently provide assistance to a relative or friend with any of the following personal tasks because they cannot do them by themselves: bathing, eating, dressing, walking across a room, etc?  Exclude any help with housing activites, transportation and running errands  Whom do you primarily help with these tasks?	Yes No  DK/NR  Spouse Sons in the house Daughters in the house Sons living in another house Daughters living in another house Children in the house equally Children outside the house	1 2 9 1 2 3 4 5 6 7	<i>→</i>	GP9a GP15

		Father-in-law	11		
		Mother-in-law	12		
		Other relative	13		
		Other	88		
		DK/NR	99		
GP10	During the past month, on average, who many days per week	Days	1 1 1	•	
GF10	did you help this person (persons) with these tasks?	DK/NR	99		
GP11	During the past week, on average, who many hours a day were you helping or supervising this person (persons) with these tasks?	Hours		•	
OIII		DK/NR	99		
	How many years have you been helping or supervising this person (these persons) with any of these activities?	Less than a year	1		
GP12		1 to 5 years	2		
	person (these persons) with any of these activities?	More than 5 years	3		
		Never	1		•
	How often do you feel stressed between caring for this person	Sometimes	2		
GP14	(these persons) and trying to meet other responsibilities?	Quite often	3		
	Would you say	Nearly always	4		
		DK/NR	9		
	In the last 12 months, did you or your spouse receive economic		-		
GP15	support from children, parents, in-laws, or other relatives of at least 50,000 colones? Include cash monetary support and	Yes No	1 2	$\rightarrow$	GP43
01 15	support for household expenses such as rent, food, bills,				
	medical expenditures, clothes, etc.?	DK/NR	9	$\rightarrow$	GP43
	Filter: Only if AM7>0 and AM7< 99 (I	f there are children)			
		Yes	1	·	
GP26	Do your children contribute to this monetary support?	No	2		
	20 your ommuten continue to this monetary suppose.	DK/NR	9		
	In the last 12 months, have you or your spouse provided monetary support to your parents, parents-in-law or children of more than 50,000 colones?	Yes	1		
CD42		No	2	$\rightarrow$	GP63a
GP43				(	
		DK/NR	9	$\rightarrow$	GP63a
	Do your parents or parents-in-law receive this monetary support?	Yes	1		
GP43Na		No, but they are alive	2		
		No, they are dead	9		
	Filter: Only if AM7>0 and AM7< 99 (I	f there are children)			
		Yes	1		
GP43Nb	Do your children receive this monetary support?	No	2		
		DK/NR	9		
	SOCIAL RELATIONS	HIPS			•
	s society, some people feel <b>stressed</b> or anxious, but others do not. <b>urrently</b> makes you feel stressed or anxious.	I will mention a few problems	s. For each,	plea	se tell
GP63a	Your health: Does this make you feel stressed or anxious?	No	0	$\rightarrow$	GP63b
		Yes	1	$\rightarrow$	GP64a
GP64a	How long have you felt this stress or anxiety?	More than a year	1		or or u
		Less than a year	2		
CDC21	Your financial situation: Does this make you feel stressed or	No	0	$\rightarrow$	GP63c
GP63b	anxious?	Yes	1	$\rightarrow$	GP64b
GP64b		More than a year	1	•	
	How long have you felt this stress or anxiety?	Less than a year	2		
		2000 man a year			

		Not applicable (does not work)	9	$\rightarrow$	GP63d
GP63c	Work problems: Do these make you feel stressed or anxious?	No	0	$\rightarrow$	GP63d
		Yes	1	$\rightarrow$	GP64c
CDC4	Handanahana nan falt this atmass an amiista 9	More than a year	1		
GP64c	How long have you felt this stress or anxiety?	Less than a year	2		
GP63d	Family relations: Do these make you feel stressed or anxious?	Not applicable (no family)	9	$\rightarrow$	GP63e
		No	0	$\rightarrow$	GP63e
		Yes	1	$\rightarrow$	GP64d
GP64d	How long have you felt this stress or anxiety?	More than a year	1		
		Less than a year	2		
GP63e	Health of your parents or of other relatives: Does this make you feel stressed or anxious?	Not applicable (no family)	9	$\rightarrow$	H28
		No	0	$\rightarrow$	H28
		Yes	1	$\rightarrow$	GP64e
GP64e	How long have you felt this stress or anxiety?	More than a year	1		
		Less than a year	2		
H28	BLOOD PRESSURE MEASUREMENT. Now, if you allow me, I am going to measure your blood pressure in your arm	Only one measurement	•		
		H28a Systolic	_		
		H28b. Diastolic	_		
		It was not possible to measure			
		it	999		

SECTION H: WORK AND INCOME						
NO.	QUESTIONS	CATEGORIES AND CODES				
		Worked	1			
		Worked in helping in a family business	2			
Н5		Did not work but had a job	3			
	Did you work last week?	Looked for work	4		H11	
		Did household chores	5		H11	
		Did not work	6		H11	
		DK/NR	9	$\rightarrow$	H11	
Н8	About how many hours do you work in a normal week?	Hours per week   _  DK/NR	99			
		Age   _	·		•	
	At what age do you plan to retire with your pension?	Will not have a pension	1	$\rightarrow$	H9bP	
Н9		Is already retired	2	$\rightarrow$	H9bP	
		Never	98	$\rightarrow$	H9bP	
		DK/NR	99			
	Do you plan to keep working after you start your pension?	Yes	1			
H9aP		No	2		H10	
	, I	DK/NR	9	$\rightarrow$	H10	
	Until what age do you plan to continue working?	Age   _	_			
Н9ЬР		Until disabled	2			
11701		Until death	3			
		DK/NR Yes	99		•	
H10	Is the job that you have now the same one that you had most of your life?	No No	1 2			
H10		DK/NR	9			
	What is the occupation in which you worked for most of your life?	Has never worked	0	<u> </u>		
		Professional, executive	1			
		Office worker	2			
		Vendor, retailer	3			
		Independent farmer	4			
H11		Agricultural worker	5			
1111		Domestic worker	6			
		Others services	7			
		Specialized worker	10			
		Non-Specialized worker	11			
		Other	13			
		DK/NR	99			
H15	At what age did you stop working at this occupation?	Age   _  DK/NR	00			
H16	Why did you stop working at this job?		99			
		Health problems Retired	1 2			
		Changed to a lighter job	3			
		For better income	3 4			
		Other	5			
		DK/NR	99			
		DIVIN	,,			

neaking ah	SECTION J: HOUSING CHA	ARACTERISTICS		
NO.	QUESTIONS	CATEGORIES	S AND C	ODES
110.	Qezsileiis	Independent home	1	OBLO
		In a building	2	
		Shack	3	
J1	What kind of housing is this?	Other	4	
		Communal (in a	·	) TTO
		seniors home)	5	→ K2
		DK/NR	9	
		Owned and fully paid	1	
		for Owned and paid in		
		installments	2	
		Rented	3	<b>→</b> J11
J2	Is this house?	Precarious/Informal	4	
		housing	-	
		Borrowed	5	
		Other	6	
		DK/NR	9	
	If this house were to be rented out to someone else, how much would the	thousand colones		<b>→</b> J18
J7		Nothing	0	<b>→</b> J18
	monthly rent be?	DK/NR	99999	<b>→</b> J8
	TT 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Yes	1	→ J10
Ј8	Then would you say that the rent for this house would be: More than 100 thousand	No	2	<b>→</b> J9
30	colones?	DK/NR	9	<b>→</b> J18
	Then would you say that the rent for this	Yes	1	<b>→</b> J18
Ј9	Then would you say that the rent for this house would be: More than 65 thousand colones?	No	2	<b>→</b> J18
		DK/NR	9	<b>→</b> J18
	Then would you say that the rent for this house would be: More than 175 thousand colones?	Yes	1	<b>→</b> J18
J10		No	2	<b>→</b> J18
		DK/NR	9	<b>→</b> J18
			•	<b>→</b> J18
J11	How much do you pay in rent for this	thousand colones		
J11	house?	Nothing	0	<b>→</b> J18
		DK/NR	99999	→ J12
	Then would you say that the rent for this house would be: More than 100 thousand	Yes	1	<b>→</b> J14
J12		No	2	<b>→</b> J13
	colones?	DK/NR	9	→ J18
	Then would you say that the rent for this	Yes	1	<b>→</b> J18
J13	house would be: More than 65 thousand colones?	No	2	<b>→</b> J18
		DK/NR	9	→ J18
	Then would you say that the rent for this house would be: More than 175 thousand colones?	Yes	1	
J14		No	2	
		DK/NR	9	
	Door this house have a ream only for	Yes	1	
J18	Does this house have a room only for cooking?	No	2	
		DK/NR	9	

Does this house	se have?		
		Yes	1 _
J20	Refrigerator or freezer	_ No	2 _
		DK/NR	9
J21		Yes	1 _
	Land line telephone	_ No	2 _
		DK/NR	9
	Cellular telephone	_ Yes	1 _
J22		_ No	2 _
		DK/NR	9
		_ Yes	1 _
J23	Washing machine	_ No	2 _
		DK/NR	9
		_ Yes	1 _
J24	Microwave	_ No	2 <u> </u>
		DK/NR	9
	Computer	_ Yes	1 _
J25		_ No	2 _
		DK/NR	9
	Potable water within the house	_ Yes	1 _
J26		_ No	2 _
		DK/NR	9
	Toilet within the house	_ Yes	1 _
J27		_ No	2 _
		DK/NR	9
	How many television sets do you have in this house?	None	0
		One	1
J28		Two	2
		Three or more	3
		DK/NR	9
Interviewer ev	valuate the state of:		
	Exterior walls	Poor	1
J30		Fair	2
330		Good	3
		Not able to evaluate	9
	Roof	Poor	1
T21		Fair	2
J31		Good	3
		Not able to evaluate	9
		Poor	1
122	Elear	Fair	2
J32	Floor	Good	3
		Not able to evaluate	9

SECCION K: ANTHROPOMETRY					
Starting time:					
	going to move to a more dynamic part of the erform some exercises and we are going to d	• •	rtant and dur	ring several minutes we	
NO.	QUESTIONS	CATEGORIES AND CODES			
K2	Is the interviewee able to stand?	Yes	1	<b>→</b> K3a	
		No	2	<b>→</b> K5	
		Rejected anthropometry section		→End of the interview	
	Weight (in Lbs)	Pounds			
K3a		Refused	996		
КЗа		Attempted but unable	997		
		Not attempted	998		
		Height cm			
	Knee height	Person could not stand	995		
K5		Refused	996		
		Attempted but unable	997		
		Not attempted	998		
	Waist circumference	Circumferencecm			
W.C.		Refused	996		
K6a		Attempted but unable	997		
		Not attempted	998		
	Have you had surgery in any of your arms during the last three months?	Yes	1	→End	
K12		No	2		
		DK/NR	9		
Sit responde	ent for at least 3 minutes before the first mea	surement with the dominant arm. It	IS NOT nec	essary for the second	
		measurement.			
		Strengthkgs			
	Hand strength (Dynamometer) First time	Tried but unable	95		
K13		Disabled	97	<b>→</b> End	
		Not attempted for safety	96	<b>→</b> End	
		Refused to do it	98	<b>→</b> End	
	Hand strength (Dynamometer) Second time	Strengthkgs			
		Tried but unable	95		
K14		Disabled	97	<b>→</b> End	
	!	Not attempted for safety	96	→End	
		Refused to do it	98	→End	
171.5	Note the hand used for the Dynamometer	Right arm	1	•	
K15	, , , , , , , , , , , , , , , , , , , ,	Left arm	2		
Finish time:	:			<del>,</del>	